

3 Churches News

www.3churches.org

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Newborough Avenue
Llanishen Cardiff



St Brigid's
Crystal Glen
Cardiff

St Paul's
Cyncoed Road
Cardiff

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Sunday October 18th 2015 29th Sunday in Ordinary Time (YEAR B) Issue 40/15

ST FRANCIS, NATURE'S SOUL- AND CARDIFF

Role models come in all varieties. In October we remember St. Francis of Assisi, a shining example to us all, both in the way that he lived and for his love of nature. In his Canticle of the Creatures, this patron saint of ecology, says:

'Praised be You, my Lord, through our Sister Mother Earth who sustains and governs us, and who produces various fruit with coloured flowers and herbs.'

Nature is more than a pretty view, birdsong or wild flowers swaying in the breeze. It is estimated, for example, that one in four of us will suffer from some form of severe stress or depression in our life time. Studies and our everyday experience have shown that time in nature can heal, improve our well-being and uplift our spirits. In these cost conscious times, it can also save the NHS and us money.

Nature, however, is in trouble. Did you know that...

* We have lost 97% of our wild flower meadows since the 1930's

* 60% of our bird and wild life species have declined in the last 50 years

* We have lost half of our 27 bumble bee species in recent times and pollinators are responsible for one in three mouthfuls of food that we eat

* The RSPB has 200+ reserves in the UK (17 in Wales) that protect 80% of our bird and wildlife species yet this only covers an area enclosed by the M25

We ignore nature and God's creation at our peril. In a time of tweeting, texting and technology is it any surprise that only 1 in 8 children in Wales, under-12 years old, has any real connection with nature?

Phil Burkhard, Christ the King parish (... continues inside...)



~~~~ 29<sup>th</sup> Sunday in Ordinary Time ~~~~



Response to Psalm **May your love be upon us, O Lord, as we place all our hope in you.**  
Gospel Acclamation: **Alleluia, Alleluia! I am the Way, the Truth and the Life, says the Lord;**  
**No one can come to the Father except through me. Alleluia!**

**1<sup>st</sup> Reading: Isaiah 53: 10-11    2<sup>nd</sup> Reading: Hebrews 4: 14-16    Gospel: Mark 10: 35-45**

St. Brigid's and Christ the King are parishes of the Archdiocese of Cardiff. A Registered Charity No. 242380.

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## 3 Churches

(...continued from front page...)

We can make a difference, and follow St. Francis' example, by recognising the central spiritual, emotional and physical role that nature plays in our lives. One way to do this is to vote on-line for Cardiff and a project called 'Discover The Diff', that has just been short-listed for a public vote to decide who will become the Kew Gardens Grow Wild Flagship project for Wales.

If successful, the project will involve: creating a bug and native flower rich boardwalk, adjacent to the Millennium Stadium, interspersed with community and graffiti-based artwork; a vibrant wild flower welcome at five gateways to Cardiff, and inspiring events in Bute Park, along the Boardwalk and in primary schools, for 1500 children, throughout the City – from wacky performance art in trees to the Big Draw and wild life safaris!

The heart of the project is to tell the story of nature in Cardiff – past, present and future – and the positive difference it makes to our lives. You can make this a reality and, like St. Francis, help to inspire a world richer in nature, by making a difference and voting for the project. Watch the video and vote at

<http://votewales.growwilduk.com/#site/discoverthediff>

*Phil Burkhard,  
Christ the King parish*

### Praying for our Neighbours

Please remember in your prayers this week our neighbours in **Fishguard Road (part of), & Templeton Avenue (part of)** who have received prayer cards in the last few days.

### Father's News

#### **FR TOMY**

Fr Tomy would like to thank all parishioners and friends for his time with us at the 3 Churches. In particular he thanks all those who have expressed their appreciation in so many and generous ways in recent weeks and on Thursday evening.

#### **THE HEALING CAFE**

The Healing Cafe opens for business at St Brigid's hall on Friday 23<sup>rd</sup> October 7-8pm. Come along to one of our relaxed and informal cafe-style evenings – especially if you are in pain, discomfort or have other conditions that need healing. Coffee, tea & delicious cakes – and you can receive prayer for healing at your table. All welcome and all free of charge.

#### **CAFOD FAMILY FAST DAY**

Many thanks for all your contributions to the recent Family Fast Day. The contribution from St Brigid's and St Paul's with anticipated Gift Aid, totalled £1,719.90. At Christ the King £1162 was raised. Brian Powell, Ian Tumelty and Anne Rees, parish organizers, thank you on behalf of CAFOD for your continuing generosity.

**Carols at the Ty Mawr, Saturday 5 December. Doors 7.30pm. Further details nearer the time.**

### CHARITY FILM NIGHT

The next Film Night at St Brigid's will be on Saturday 24 October when we will be showing 'THE SECOND BEST EXOTIC MARIGOLD HOTEL' starring Maggie Smith, Judi Dench and Bill Nighy. Tickets (£6- includes a Fish & Chip Supper) available after Mass or from 2076 6318. Supper and bar profits go to GOOD NEIGHBOURS IN NORTH CARDIFF (previously known as Llanishen Good Neighbours)

### **One World Week**

This Sunday 18 October, Oly Todd will be giving a short talk on the work at St Francis Mission Hospital Zambia at the One World Week service at Llanishen Methodist Church 6pm

Saturday 24 October. Bring & share lunch with L'Arche and their partner community from Kenya, at Christ the King Parish Centre 1-3pm All welcome. RSVP

[gabriela.todd@yahoo.co.uk](mailto:gabriela.todd@yahoo.co.uk)

### **CWL**

The next Catholic Women's League monthly meeting takes place on Monday 26 October 2pm at St. Paul's. Bridget will be giving a report about the National A.G.M. We will be filling shoe boxes for Christmas for the elderly as we did last year & forms will be available then.

### **CHRISTIAN AID WEEK 2015**

Many thanks to everyone who was in any way involved with Christian Aid Week 2015. Receipts by July were £9 million, with donations still being received. Of this total, Cardiff contributed £51,000. So thanks again for your continuing support, to all the individuals and volunteers who gave their time and took part, to tackle poverty and injustice throughout the world.

## 3 Churches

### Ignatian Retreat Day

On Saturday 31 October at St David's Catholic College there will be a retreat based on the Ignatian spirituality which will focus on 'Coping with stress and anxiety'. This will be an opportunity to have some quiet time, to be guided through imaginative prayer and to be still under the loving gaze of our Father. The retreat, which starts at 11am and finishes at 3pm (with lunch provided by St David's), will be led by Christian and Esther Mahoney. For further information and to put your name down for the retreat, please contact Christian on 07764 515864.

### **Mass of Memories**

The annual 3 Churches Mass of Memories will take place on Saturday 7 November at 10am at Christ the King. This is an opportunity to come together to remember family members, friends and members of our community who have died, - whether recently or some time ago. Everyone is welcome. If you would like to bring with you a photo of anyone you particularly wish to remember this will be displayed in the church during the Mass. If you need transport contact Marie O'Brien (Christ the King Parish Office) 2075 3945 or Bernice Rayer (St Brigid's & St Paul's) 07887 641351.

### **Service at Cartref**

Christ the King is organising the monthly service for residents of Cartref (Thomas House) Care Home, Station Road, on 8 November 3.30pm. Anyone able to join in this outreach to our local community is invited to come along. Meet outside the home at 3.15pm. To offer help or for further information contact Ann Rees (2075 2900)

## Christ the King

### **Mass Times**

Please note that Thursday's Mass will be at 9.45am and will be led by the children of year 4 of Christ the King Primary School.

### **Lift Needed for Mass**

A gentleman parishioner from the Thornhill area is in need of an occasional lift to 6.30pm Mass on a Saturday evening. If you are able to help please contact the parish office (2075 3945).

### **Minute Secretary needed!**

The PAC are in need of someone to act as Minute Secretary. Duties would include sending out notification of the PAC meetings along with an agenda, attending PAC meetings which are held bi-monthly, taking the minutes, preparing and issuing the final minutes document to PAC members. In addition the Minute Secretary would be required to carry out similar duties for the AGM. If you can help please contact a member of the PAC.

### ***PRAYER OF THE FAITHFUL***

The Prayer of the Faithful used at Sunday Masses in our Parish each week is prepared by a small team of parishioners. Due to illness and other reasons our team has been reduced and we now urgently need a few new volunteers to join us in this interesting and stimulating ministry. If you would like to find out more contact Desmond Woods on 2076 3095 or [desmond@photo-textiles.org.uk](mailto:desmond@photo-textiles.org.uk)

### **LINK**

Please start thinking about any articles you may wish to submit to the next edition of LINK which will be published in early December. Further details to follow.

### **Christmas Shoebox Appeal**

We will be collecting shoeboxes again this year for deprived families in Eastern Europe. This will be through the usual charity, "Link to Hope". Please note that, as last year, there are two types of boxes which can be sent - "Family Shoeboxes" and "Elderly Shoeboxes". Each type of box requires a customs declaration form. The instruction leaflet and customs form is available at the back of church. The same leaflet is used for both types of boxes. The closing date for receipt of boxes is Sunday 8 November. Contact: Vickie Adshead [vickie@adshead.me.uk](mailto:vickie@adshead.me.uk)

## St Brigid's & St Pauls

### **BAPTISM**

Next Sunday we welcome Heath Robert Grainger into the Church through the Sacrament of Baptism during 10.30 Mass at St Brigid's.

### **OPERATION CHRISTMAS CHILD**

Leaflets & Shoeboxes available from St Brigid's & St Paul's from next weekend, to support Operation Christmas Child. Please return filled shoeboxes to:

St Brigid's or St Paul's Church, or Specsavers, Queen Street, Cardiff between Sunday 1st – Sunday 15th November 2015.

Alternatively you can build a shoebox online, choosing from a list of gifts, you may add a personal letter and photo if you wish. The shoebox will be packed and sent on your behalf for a suggested donation of £15 + £3 shipping per box. Details at <https://shooboxworld.co.uk/shooboxworld>

**Sunday October 18<sup>th</sup> 29<sup>th</sup> Sunday in Ordinary Time**

|               |             |                                                                                                          |                                          |
|---------------|-------------|----------------------------------------------------------------------------------------------------------|------------------------------------------|
| Sat. 6.30pm   | C the K     | <b>Ellen Williams (M Murphy)</b>                                                                         |                                          |
| Sun. 9am      | St Paul's   | <b>Maria Alessio (Family)</b>                                                                            | 29 <sup>th</sup> Sunday in Ordinary Time |
| 9am           | C the K     | <b>George Landry (Graham Family)</b>                                                                     |                                          |
| 10.30am       | St Brigid's | <b>Len Perry</b>                                                                                         |                                          |
| 6pm           | St Brigid's | <b>People of the Parish</b>                                                                              |                                          |
| 7.30pm        | St Brigid's | <b>Sunday Praise</b>                                                                                     |                                          |
| Mon. 9.30am   | St Brigid's | <b>Bernadette Mills</b>                                                                                  |                                          |
| Tues. 9.30am  | C the K     | <b>Karen Doran (J Worthington)</b>                                                                       |                                          |
| Wed. 9.30am   | St Paul's   | <b>Private Int (Tunncliffe)</b>                                                                          |                                          |
| Thurs. 9.45am | C the K     | <b>Pat &amp; Dennis Donovan Diamond Wedding (A &amp; C McDevitt) Led by Year 4 of CTK Primary School</b> |                                          |
|               |             | St John Paul II                                                                                          |                                          |
| 7.30pm        | St Brigid's | <b>Maureen Regan</b>                                                                                     |                                          |
| Fri. 9.30am   | St Paul's   | <b>Holy Souls</b>                                                                                        | St John of Capestrano                    |
| Sat. 9.30am   | St Brigid's | <b>Gordon Robinson</b>                                                                                   | St Anthony Claret                        |

**Sunday October 25<sup>th</sup> 30<sup>th</sup> Sunday in Ordinary Time**

|             |             |                                     |
|-------------|-------------|-------------------------------------|
| Sat. 6.30pm | C the K     | <b>Peter Murphy (Murphy Family)</b> |
| Sun. 9am    | St Paul's   | <b>People of the Parish</b>         |
| 9am         | C the K     | <b>Members of Tina's Family</b>     |
| 10.30am     | St Brigid's | <b>Ann Ockleston</b>                |
| 6pm         | St Brigid's | <b>Raymond Hill</b>                 |
| 7.30pm      | St Brigid's | <b>Sunday Praise</b>                |



**Please send items to [luke.todd@yahoo.co.uk](mailto:luke.todd@yahoo.co.uk) by Wednesday afternoon at the latest!**

**PRAYERS**

*Please remember the following in your prayers, who are unwell at this time:*

Mary Amugan, Chris Babu, Brian Bermingham, Maureen Carroll, Sian Clark, Mary Clarke, Terry Culbertson, Agnes Davies, Emily, Anna Forrest, Margaret Goringe, Bobi Gower, Maria Hill, Caitriona Lovell, Joseph (Benny) Lynch, Dean Maguire, Charles McDevitt, Katrina Meades, Fr Modest, Vernon Morgan, Sarah Morris, Peter Murphy, Maureen O'Driscoll, Kieran Ollin, Alan Paines, Rona Perry, Rita Purcell, Valentino Rascon, John Reardon, Rhian Reardon, Cath Rees, Claire Richards, Adela Rogers, Peter Scott, Dewi Thomas, Emma Warlow, Dorothy Warren & Pat Watkins.

**3 Churches  
Parish Council Chairs**

**Sts Brigid & Paul**

*Nigel Tuck  
029 2076 6837  
nigelgtuck  
@btinternet.com*

**Christ the King**

*Chris Stevens  
2074 7730  
chris.stevens01  
@btopenworld.com*

**Christ the King Primary School**

*Acting Headteacher  
Mrs R Woodward  
2075 4787*

**Corpus Christi High School**

*Acting Headteacher  
Mrs A Thomas  
2076 1893*

**St David's College**

*Principal  
Mark Leighfield  
2049 8555*

**Safeguarding Representatives  
Sts Brigid & Paul**

*Pat Williams  
2061 7374  
patandpaul1  
@btinternet.com*

**Christ the King**

*Heulwen Egerton  
2068 9416  
heulwen21  
@hotmail.co.uk*

**Eucharistic Adoration**

**Christ the King**

*Tuesday 10am-1pm  
**St. Paul's**  
Wednesday 10am-3pm  
**St. Brigid's**  
Thursday 8-9pm*

**Sacrament of Reconciliation**

***St Brigid's**  
Saturday 10-10.30  
**St Paul's**  
Saturday 5.30pm.  
**Christ the King**  
Saturday 5.45-6.15pm*

**Last Week's Collection**

**Sts. Brigid & Paul**  
**Gift Aid** £ 607.00  
**Non Gift Aid** £ 818.68  
**Total** £ 1425.68  
**S/O month av.** £ 846.77

**Christ the King**

**Gift Aid** £ 510.99  
**Non Gift Aid** £ 319.38  
**S/O weekly av.** £ 360.54  
**Total** £ 1190.91