

# 3 CHURCHES NEWS

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Sunday May 31<sup>st</sup> 2020

Pentecost

(Year A)

Issue 22/20

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***Corona Virus – Help a Parishioner. If you are well and able to do so, please think about offering help to our older and more vulnerable parishioners who may need help and assistance during this uncertain time.***



Dear parishioners and friends of our 3 Churches:

Happy Easter! No, Fr Matthew it's **Pentecost**, not Easter... But today **is** the last day of the Easter Season! We do that double Alleluia again at the end of Mass. Yes, we reach the end of this part of the Church's year, that we began way back on 26 February with Ash Wednesday. Remember then, the old days, before lockdown? Well, here we are at the feast day of the Holy Spirit, powerhouse of the Church, and the feast of Us as well, who are the Church. Though not together physically I encourage us all to **celebrate today** in whatever way you can (Fr Andy asked me what I wanted special for lunch!) **Reach out** to a few members of our parish families with an email or better a phone call or neighbourly shout. Most of all, pray for a renewing outpouring of the Spirit on all of us, wherever we may be.

Don't forget, I'm celebrating Sunday Mass at 10.30am live streamed via 3churches.org or Youtube channel "**frmhj**" when we'll be praying for the out pouring and for the needs of the parishes, including **your** needs too.

By the way on 3churches.org you will also find **Archbishop Stack's recent statement on the reopening of our churches.**

*Fr Matthew*

## Children's Liturgy

For those of you who have young children who would normally attend Children's Liturgy during Mass, **Mission Together**, the Universal Church's Charity for Children, is offering activities, centred around the Sunday gospel, for KS1 children. Mission Together also offers home activities for children to follow during the week. See <https://missiontogether.org.uk/calendar/home-and-parish-resources>

## LITURGY AND PRAYER

- **Mass** – Mass is celebrated in private every day for the intentions in the weekly list. **Sunday Mass** is streamed at 10.30am via the parish website 3churches.org or YouTube channel “frmhj” (*remember to press Subscribe too*)
- **Baptisms and Marriages** – are deferred. **Funerals** take place at the graveside or crematorium. Arrangements may be made for a Memorial Mass later.
- **First Communion and Confirmation** are postponed until they become possible. Please remember in your prayers the young people who would have received these Sacraments during this time of year.
- **Confessions** – are on request with distancing requirements observed.

## PARISH LIFE

- **Light a Candle** – Parishioners are lighting a candle in their homes every evening at 7pm taking time to think of and pray for all those affected.
- **Newsletter** – If you or someone you know would like to receive this newsletter by email, let editor Luke know at [luke.todd@yahoo.co.uk](mailto:luke.todd@yahoo.co.uk)
- **Christ the King Parish Office** - Phone messages will be checked, but preferably send messages or enquiries via email – [llanishen@rcadc.org](mailto:llanishen@rcadc.org)
- Why not visit Fr Matthew’s **blog** at [thecanonsstall.blogspot.com](http://thecanonsstall.blogspot.com)
- **Finance** - If you do not already do so, please consider supporting the on-going work and life of your parish with a bank Standing Order. Contact Fr Matthew ([matthew.jones@rcadc.org](mailto:matthew.jones@rcadc.org)) for St Brigid’s or St Paul’s, or Vicki Adshead ([vickie@adshead.me.uk](mailto:vickie@adshead.me.uk)) for Christ the King, for appropriate bank details.

## CARE AND SUPPORT

- **Foodbank** – You can no longer leave food at our 3 Churches. It may be left at public collection points such as supermarkets.
- Our **Phone-a-Friend** ministry is still functioning, reaching out to the alone or housebound. Keep up the good work!
- **3 Churches Bereavement Support** – 07594 217098
- **Age Cymru** is offering a free ‘**Check in and Chat**’ **telephone service** for the over 70s in Wales who live alone providing reassurance, answering basic questions and linking to local services and support during the Coronavirus outbreak. If you are over 70 living alone and would like to speak to someone at Age Cymru – telephone 0800 022 3444 or email [enquiries@agecymru.org.uk](mailto:enquiries@agecymru.org.uk)
- **Age Cymru – Tai Chi Videos**: There are now some Tai Chi videos demonstrating moves on the physical activity page of the website – [www.ageuk.org.uk/cymru/our-work/physical-activity/tai-chi](http://www.ageuk.org.uk/cymru/our-work/physical-activity/tai-chi).
- **Royal Voluntary Service** – are you isolating at home and in need of help? If you are vulnerable or at risk and need help with shopping, medication or other essential supplies, please call 0808 196 3646 (8am – 8pm)
- **Mutual Aid Groups** – Facebook groups for those self-isolating or affected by Covid-19 and needing support. Do not put personal details on the main page.  
**Penylan / Cyncoed** – [www.facebook.com/groups/685229805549686](https://www.facebook.com/groups/685229805549686)  
**Llanishen** – [www.facebook.com/groups/735447276990164](https://www.facebook.com/groups/735447276990164)  
**Heath** – [www.facebook.com/groups/251990475816496](https://www.facebook.com/groups/251990475816496)

### **Virtual Pilgrimage to Penrhys**

The virtual pilgrimage takes place this Saturday (30 May), beginning at 12pm. The afternoon will be streamed from the cathedral's shrine dedicated to Our Lady of Penrhys, and will be broadcast through *Facebook Live*. This can be accessed either from Facebook itself, or through the homepage of the Cathedral website.

The structure of the afternoon is as follows:

**12 – 12.30pm** Regina Caeli & Midday Prayer to begin the Pilgrimage

**1 – 1.30pm** Meditation

**2 – 2.45pm** The Holy Rosary

**4 – 5pm** Evening Prayer and Benediction of the Blessed Sacrament.

The schedule is available on the pilgrimage page of the website: schedule of the afternoon, visit the Cathedral website: [www.cardiffcathedral.org.uk/penrhys](http://www.cardiffcathedral.org.uk/penrhys)

### ***Pentecost Sunday's Rosary Rally***

The Pentecost Sunday National Rosary Rally takes place this Sunday from 9am – 9pm across Scotland, England and Wales. The Archdiocese of Cardiff has been asked to pray a **Rosary Hour at 12pm** and you are warmly invited to take part. This will be broadcast on Facebook Live.

### **Food for thought – can you help?**

The Rainbow of Hope charity has organised a safe food collection, packing and delivery process for the needy in Cardiff. There are currently 25 of us helping over 150 people. Sanitiser, gloves and masks are provided in the Centre, in Broadway. You can donate food, pack it and / or deliver it at a time that suits you. Please pass the contact details below to anyone who can help (all ages welcome!) or you feel that could benefit from the support: Elizabeth Perret-Atkins 07584 044 364 [info@rainbowofhope.co.uk](mailto:info@rainbowofhope.co.uk)

Thank you, on behalf of Liz and the crew – Phil Burkhard.

### ***LASTLY...***

Now we know that you are all missing Fr Andy's jokes. So here's something to keep you going ...

How does the moon cut his hair?  
Eclipse it!

***We hold Günter Kretzschmar in our prayers and hearts since his passing last Saturday, He was an inspiring, loving and supportive member of the Todd family and will be much missed. May he rest in peace***

The intention for the mass to be celebrated on Tuesday 2 June will be for deceased members of the 3 churches, remembering particularly Ryan Moore, Susan Day, Stan Andrews, John Gardiner, Jane Richards and Gwendoline McDonagh who died in March.

<b>Sunday May 31<sup>st</sup> Pentecost</b>		
<b>SUNDAY 10.30am</b>	3 Churches Community; Susan Day (Burns)	<b>Pentecost</b>
<b>MONDAY</b>	Thanksgiving (Daley)	<b>Mary, Mother of the Church</b>
<b>TUESDAY</b>	Bob Churchouse and Deceased of our 3 Churches	<b>Sts Marcellinus &amp; Peter</b>
<b>WEDNESDAY</b>	Tony Corr (Burns)	<b>Martyrs of Uganda</b>
<b>THURSDAY</b>	Terry Thomas	<b>Our Lord Jesus Christ, High Priest</b>
<b>FRIDAY</b>	May Harrington (Slowikowska)	<b>St Boniface</b>
<b>SATURDAY</b>	William Thomas Brown (B Brown)	<b>St Norbert</b>
<b>SUNDAY 10.30am</b>	Mrs Betty Longmuir (J Williams) People of the Parishes	<b>Trinity Sunday</b>

**Response to the Psalm: Send forth your Spirit, O Lord, and renew the face of the earth.**

**Gospel Acclamation: Alleluia, alleluia! Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Alleluia!**

**1<sup>st</sup> Reading Acts 2:1-11    Second Reading: 1 Corinthians 12:3-7.12-13**

**Gospel: John 20:19-23**

**Praying for our Neighbours**

*Even if we cannot deliver prayer cards we will continue to pray during the coming week for our neighbours in...*

**Wingate Drive, Cyncoed Gardens and Cheam Place.**

**Cycle of Prayer**

We continue to pray for the parishes and communities of our diocese.

This week prayer is for **St Helen's, Barry**, parish priest Canon Patrick O'Gorman, and St Helen's Primary and St Richard Gwyn High Schools.

*Please remember in your prayers the deceased members of the 3 churches community whose anniversaries occur in June including: Mary Cronin, Brian Norton, Joseph Donoghue, Robert Stack, Joe Rigby, Mary Scholey, Kevin Mecklenburgh, Bashir Abdulahad, Brian Gowan, Sheila Marks, Tony Woodward, William Kennedy and Jeanne Roberts.*

**PRAYERS**

*Please remember the following in your prayers, who are unwell at this time:*  
Mary Amugan, Chris Babu, Edith Baker, Ann Brown, John Campbell, Mary Clarke, Corey-Jay Coles, Terry Culbertson, Agnes Davies, Claire Doherty, Bill Drury, Win Drury, Sheila Ferriter, Emily, Maria Hill, Paul John, Caitriona Lovell, Michael Matthews, Dominic Morgan, Sarah Morris, Brendan Murphy, Peter Murphy, Audrey Nelson, Kieran Ollin, Rona Perry, Michael Porter, John Reardon, Claire Richards, Anne Roach, Adela Rogers, Shaun Stone, Paula Tunnicliffe, Genoveve Urtiaga, Anne Wake, Gemma Ward, Emma Warlow, Dorothy Warren & Pat Watkins.