



GOOD NEIGHBOURS IN NORTH CARDIFF



CAN YOU SPARE TIME WHEN IT IS CONVENIENT TO YOU TO SUPPORT THOSE IN YOUR COMMUNITY WHO NEED YOUR HELP?

**WE ASSIST WITH YOU CHOOSE Transport, Shopping, Companionship
What you want to do, how often, and when**

Ours is a voluntary organisation providing support to those who find life very challenging. We help clients who may have mobility or sight problems, some are housebound, others have little or no family support, some may be lonely others have memory problems or special needs.



We cover Llanishen, Thornhill, Old Lisvane, Heath, Roath Park, Lakeside, West Cyncoed and parts of Penylan



Most of our volunteers are drivers, others prefer to offer companionship or maybe escort a client on a visit to outpatients. Some choose a regular job, others need the freedom to choose times to suit themselves.

**IF YOU WANT TO KNOW MORE,
PLEASE VISIT OUR WEBSITE, EMAIL OR CALL US
029 20 750751 (WEEKDAY MORNINGS ONLY)
admin@goodneighboursinnorthcardiff.co.uk
www.goodneighboursinnorthcardiff.co.uk**