Calling people of all ages and backgrounds and those of any faith, or none, or a faith that is fragile...

- Do you wonder what prayer is and what it looks like?
- Do you want a down to earth and practical view of how to pray?
- Do you want to foster a personal relationship with God?
- Do you have a connection with God, but want it to be closer?

If **YOU** answered "yes" to any question, then this is **YOUR invitation to:**



This is not Bible Study or a Prayer Group. It is an 8-session journey, via an existing course, enjoyed across the UK, to bring prayer to life. Facilitators: Christian and Phil.



6 & 20 Oct, 3 & 17 Nov, 1 Dec 2022, 12 Jan and 9 & 16 Feb 2023

Thurs: 7:00pm - 8:30pm

St. David's Catholic Sixth Form College,
Ty-Gwyn Rd.
Cardiff, CF23 5QD

OR watch the existing course videos:



+Reflective & current music + engaging & practical videos+

These are informal sessions informed by you. To find out more, contact: philburkhard@hotmail.co.uk / 07816 756 509