

3 Churches News

www.3churches.org

Christ the King
Newborough Avenue
CF14 5AA

St Brigid's
Crystal Glen

St Paul's
Cyncoed Road
CF23 6AF

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St Brigid's Presbytery, Crystal Glen, Cardiff CF14 5QN
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Website and live-stream 3churches.org

YouTube "3 Churches in Cardiff"

Sunday February 19th 2023 6th Sunday in Ordinary Time (YEAR A) Issue 7/23

LENT IS COMING...

Fast from judging others,
feast on the Christ dwelling in them.

Fast from emphasis on differences;
feast on the unity of all life.

Fast from apparent darkness;
feast on the reality of light.

Fast from thoughts of illness;
feast on the healing power of God

Fast from words that pollute;
feast on phrases that purify.

Fast from discontent;
feast on gratitude.

Fast from anger;
feast on patience.

Fast from pessimism;
feast on optimism.

Fast from discouragement;
feast on hope.

Fast from facts that depress;
feast on verities that uplift.

Fast from laziness;
feast on enthusiasm.

Fast from suspicion;
feast on truth.

Fast from thoughts that weaken;
feast on promises that inspire.

Fast from shadows of sorrow;
feast on the sunlight of serenity.

Fast from idle gossip;
Feast on purposeful silence.

Fast from problems that overwhelm;
Feast on prayer that sustains life.



~~~~~ 7<sup>th</sup> Sunday in Ordinary Time (Sunday 19 February 2023) ~~~~~



St. Brigid's and Christ the King are parishes of the Archdiocese of Cardiff. A Registered Charity No. 242380.

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## 3 Churches

### **CONFIRMATION 2023**

The Sacrament of Confirmation will be celebrated by Archbishop Mark O'Toole on Saturday 8 July. We are looking to form a team of people who will accompany our young people as they begin their preparation. Could you help them in this important step in their Faith Journey? If you think you can help in any way, please let one of the clergy know. Full support will be given and it is open to anyone! All you need is enthusiasm and a sense of humour.

### **R.I.P.**

Please pray for **Georgina Matthews**, mother of Helen Fisher who has died recently.

### **Congratulations**

Congratulations to **Moira Meades** and **Pat Donovan** who have both recently celebrated their 90<sup>th</sup> birthdays.

**Please keep Dennis Donovan in your prayers as he prepares for surgery.**

### **LENT**

Stations of the Cross will take place each Saturday at St Brigid's, and will include reflections from parishioners once more. Would you like to contribute? It should not be too long, and if necessary we can ask someone else to deliver it. Your experience might well help others, so why not give it a try? Help is available. For further information or to offer to do a reflection contact Ami Liddington ([liddingtona@talktalk.net](mailto:liddingtona@talktalk.net) / 2062 7794)

### **Changes to the Format and Distribution of the Newsletter**

Production of this newsletter is being moved from next weekend (25 / 26 February) to the on-line MailChimp platform and the opportunity is being taken to revise the format. Those receiving the newsletter electronically will in future receive an email from [digital@3churches.org](mailto:digital@3churches.org) rather than from Luke Todd the editor. If the email does not appear, check it hasn't gone into your spam folder. If it is still missing then let Luke know. The newsletter will still be available in hard copy in each church. The change to the presentation of information in the newsletter is a work in progress and once we have the experience of a few weeks in the new format, feedback from readers will be welcome. Look out for further information on how to provide feedback.

St Faith's Church, Morris Avenue, Llanishen

\* Shrove Tuesday (21 February) 10 - 11.30am Community Coffee Morning: Praise and Pancakes

\* Ash Wednesday (22 February) 10.30am Holy Eucharist - Imposition of Ashes

Lenten Lunches: 12 - 1.30pm on Fridays 3, 10, 24 & 31 March.

### **WARM SPACE**

Christ the King Parish Centre  
Newborough Avenue  
Every Wednesday  
11am - 2pm  
ALL WELCOME

### **Spring Fashion Show**

Huggard Centre for the Homeless (CASH) will be holding a Spring Fashion Show to raise funds for the Centre on Thursday 2 March 2.30pm in the Lisvane Memorial Hall. The clothes are from Samantha B in Ewenny. Tickets are £10 and are available from Sue Peat (2076 2358 or 07961 653274), or Celia Bailey (2075 2413 or 07928 710238)

### **National Justice & Peace Network**

Zoom Networking Day  
'Cost of Living Crisis - Living or Existing'  
Saturday 25 February 10.45am - 3.30pm  
Free. Book via EventBrite:  
<https://www.eventbrite.com/e/njpn-networking-day-tickets-466226314457>

### **CAFOD Challenge**

Walk 5km a day for the 40 days of Lent! Will you take up this challenge and get sponsorship to help CAFOD overcome global poverty? Find out more at [www.cafod.org.uk/fundraise](http://www.cafod.org.uk/fundraise)

### **Syria and Turkey Earthquake Appeal**

Let us join CAFOD in praying for our sisters and brothers that are affected by the earthquakes and the winter weather. CAFOD is responding with support of provision, water, shelter, medical assistance and winter kits for survivors. Your donations and support for CAFOD throughout the year allows our Catholic agency to act quickly when disasters strike. For more details visit - [www.cafod.org.uk/give](http://www.cafod.org.uk/give)

## 3 Churches

### Christ the King School PFA

Christ the King School PFA has been nominated for Asda's Green token appeal, which offers charitable donations to members of the community.

If we have the most votes, we will receive £500 towards our fundraising goal!

[www.asda.com/green-tokens](http://www.asda.com/green-tokens)

It takes 3 steps to register the vote:

1. Select *Cardiff Coryton*
2. VOTE *Christ the King PFA*
3. Confirm your vote via a link sent to your email.

You can vote once EVERY 7 DAYS.

Voting runs until 30 April.

### A Gap Year opportunity

Are you 18 - 30, or do you know someone who is? Do you want to develop a wide range of skills including leadership while learning about global justice and inspiring others to use their faith in action? CAFOD, the Catholic Agency for Overseas Development, believes in equipping and inspiring young adults to contribute to a more just and peaceful world. *Step into the Gap* is a fully funded year of volunteering, with food, accommodation, stipend and training within a UK placement plus a Rome and Assisi pilgrimage. Info: [www.cafod.org.uk/gapyear](http://www.cafod.org.uk/gapyear)

### **An Evening of Songs from the world of film and stage, including music by George Gershwin and Cole Porter**

Saturday 18 March 7.30pm (Doors open 7pm)

Beulah United Reformed Church.

A concert in support of Good Neighbours in North Cardiff. Tickets £10 available from SERENADE in Rhiwbina Village or phone 2075 3937 (Julia) or 2075 8237 (Phil)

### Inspire Younger Generations

Do you **enjoy working** with **children and young people**? Could you help to **inspire and empower** children and young people in our Catholic schools and churches to bring alive their sense of global justice? Could you give an assembly in a local school or help with a Confirmation preparation session in church? Supported by **CAFOD** with full training and resources, you will relish the time you spend discussing issues of **global justice** with children and young people. You will add to **parish and school life**, complementing the work of teachers, priests and catechists. Get in touch with Therese on 07823 445112 or email

[southwales@cafod.org.uk](mailto:southwales@cafod.org.uk)

### **Living Faith 2023 - Rainbow of Hope**

Six pork pies and a bag of crisps and a passion began!

Discover more, at **9.40am (before 10.30am Mass, at St Brigid's) on 26 Feb.**

See the first video, for 2023, or the 2022 video playlist, via our website homepage. Moving reflections, thought-provoking props & inspirational music! Why not share these short videos in other Ministries (e.g. for parents linked to Holy Communion or Confirmation)? **Next date:** 26 March - Tales of the Unexpected!

Contact Phil ([philburkhard@hotmail.co.uk](mailto:philburkhard@hotmail.co.uk)) to share your story of Our Lord in your life.

### Worldwide Marriage Encounter

*"Embrace your life together in Love"*

**3 - 5 March 2023** at Campanile Swindon. Find out more at

[www.wwme.org.uk](http://www.wwme.org.uk)

## Christ the King

### **Junior Club**

The Junior Club is having a break for half term and will meet again on Friday 3 March.

### Appeal for Beanbags for Junior Club

If you have a beanbag (one large enough to sit on) that you no longer want and would like to donate to the Junior Club please contact Marie in the Parish Office. Thank you.

### **Baby and Toddler Play Group**

The Baby and Toddler group is having a break for half-term and will meet again on Monday 27 February, 10 - 11.30am.

### Day by Day for Lent

The Day by Day prayer booklet for Lent is available in the porch priced £1.

## St Brigid's & St Pauls

### **MUSIC AT ST PAUL'S...**

We are appealing for anyone with any musical ability to help with worship at St Paul's Church. It could be any musical instrument at all or even just a wish to add extra joy to the Sunday services. Please let one of the clergy know if you feel you could take on the ministry.

### St Paul's Ladies Group

St Paul's Ladies Group will meet on Wednesday 22 February at 2pm at Pearl's home.

**Stations of the Cross will take place at St Paul's every Friday during Lent before 9.30 Mass, at 9.10am**

# WEEKLY MASS SCHEDULE

## Sunday February 19<sup>th</sup> 7<sup>th</sup> Sunday in Ordinary Time

|        |               |             |                                                      |                                         |
|--------|---------------|-------------|------------------------------------------------------|-----------------------------------------|
| Sat.   | 6pm           | C the K     | <b>Ian Dacey (O'Brien Family)</b>                    |                                         |
| Sun.   | 9am           | St Paul's   | <b>Rachel Chegwin</b>                                | 7 <sup>th</sup> Sunday in Ordinary Time |
|        | <b>9.30am</b> | C the K     | <b>Harry, Evelyn &amp; Ann Norris (K Liddington)</b> |                                         |
|        | 10.30am       | St Brigid's | <b>Bill Campbell</b>                                 |                                         |
|        | 6pm           | St Brigid's | <b>People of the Parishes</b>                        |                                         |
| Mon.   | 9.30am        | St Brigid's | <b>Mary O'Connor</b>                                 |                                         |
| Tues.  | 9.30am        | C the K     | <b>Diana Donovan (A Rees)</b>                        | St Peter Damian                         |
| Wed.   | 9.30am        | St Paul's   | <b>Teresa North</b>                                  | Ash Wednesday                           |
|        | 12.45pm       | C the K     | <b>Len Harley [sick] (C Bailey)</b>                  |                                         |
|        | 7.30pm        | St Brigid's | <b>People of the Parishes</b>                        |                                         |
| Thurs. | 9.30am        | C the K     | <b>Moira Meades and Family</b>                       | St Polycarp                             |
|        | 7.30pm        | St Brigid's | <b>Margaret McCann</b>                               |                                         |
| Fri.   | 9.10am        | St Paul's   | <b>Stations of the Cross</b>                         |                                         |
|        | 9.30am        | St Paul's   | <b>Special Intention</b>                             |                                         |
| Sat.   | 9.30am        | St Brigid's | <b>Stations of the Cross</b>                         |                                         |

## Sunday February 26<sup>th</sup> 1<sup>st</sup> Sunday of Lent

|      |         |             |                                                    |                                |
|------|---------|-------------|----------------------------------------------------|--------------------------------|
| Sat. | 6pm     | C the K     | <b>Peter L Murphy (Murphy Family)</b>              |                                |
| Sun. | 9am     | C the K     | <b>Sean McDonough (T McDonough)</b>                | 1 <sup>st</sup> Sunday of Lent |
|      | 9am     | St Paul's   | <b>People of the Parishes</b>                      |                                |
|      | 10.30am | St Brigid's | <b>Scalzo, Birri, Cornelli &amp; Ryan Families</b> |                                |
|      | 6.00pm  | St Brigid's | <b>Moya Bacigalupo (York)</b>                      |                                |

Please send items to [luke.todd@yahoo.co.uk](mailto:luke.todd@yahoo.co.uk) by Wednesday afternoon at the latest!

### Praying for our Neighbours

During the coming week, please pray for our neighbours in  
Coed Cochwyn

### PRAYERS

Please remember the following in your prayers, who are unwell at this time:

Mary Amugan, Chris Babu, Bill Brown, EAB, John Campbell, Dennis Cooke, Corey-Jay Coles, Terry Culbertson, Sid Daw, Pat & Dennis Donovan, Emily, Norbert Flynn, May Foley, Baby Francesca, Sheila Hanson, Maria Hill, Liz, Avirachen Mathai, Una Meades, Miranda Meldrum, Sarah Morris, Kate Murphy, Niamh Murphy, Kieran Ollin, Steve Prince, John Reardon, Claire Richards, Anne Roach, Oliver Roberts, Adela Rogers, Shaun Stone, Hilary Tracey, Mike Tracey, Anne Wake, Gemma Ward, Emma Warlow, Dorothy Warren, Chris Williams & Marie York.

### 3 Churches Parish Council Chairs

#### Sts Brigid & Paul

Karen Sylvester  
sylvestercf  
@aol.com

#### Christ the King

Elizabeth Taylor  
2075 1401  
tayleat  
@gmail.com

#### Christ the King

Primary School  
Headteacher  
Mrs S Miles  
2075 4787

#### Corpus Christi

High School  
Headteacher  
Mr Patrick Brunnock  
2076 1893

#### St David's College

Principal  
Mark Leighfield  
2049 8555

#### Safeguarding Representatives

#### Sts Brigid & Paul

Pat Williams (St B)  
2061 7374

Carl French (St P)  
2075 4418

#### Christ the King

Christine Williams  
& Neil Powell  
Safeguardingctk  
@gmail.com

**Bereavement  
Support Group**  
07594 217098

#### Sacrament of Reconciliation

St Brigid's ~  
Saturday 10.00am  
Christ the King ~  
Saturday 5.40pm  
St Paul's ~  
Friday 10.00am  
Or by request...